

Dear Friend:

Enclosed in this envelope is a tool for you to use in order to understand the inner qualities that are within you desiring to radiate out from you. It is possible that there are qualities that you did not even realize were there! However, when you become aware of the inner qualities of the divine longing to be expressed through you, you can then make a choice to think, speak and act in ways that reflect these qualities. Take your time with this exercise.

The first step will be to list the people whom you admire on the enclosed sheet of paper. These could be people from your family, school, friends, the healing profession, sports figures, world leaders, people in the arts and entertainment industry, biblical figures, mythological characters, or anyone you have ever read about, whether real or fictional.

The second step will be to go through your list and write down all of the qualities that you admire about this person. It could be that they are courageous, loving, kind, compassionate, forgiving, intelligent, understanding, wise, etc.

Once you have this list complete, those you admire and the qualities they reflect, go through the list of qualities. Which qualities warm your heart? Do you enjoy being in the presence of people with that quality? Circle all those qualities that resonate with you and touch your heart. If, as you are doing this, other qualities that speak to you in this way also arise, write those down as well.

Next, there is an index card included in this envelope. At the top of the index card write: I AM. Now write down all of the qualities that you have circled from your list. These are the divine qualities that you have within you desiring to be expressed. You will know that they are within you, because you have seen them within others. You can only see that which you already possess! Truly, you are each one of these qualities. The more you become aware of them within yourself, the more you will be radiating the very qualities you admire within others.

Each day, take out your index card. Read the qualities aloud with the I AM statement. Pay attention to what occurs over the next 7 days as you have complete this exercise. Have you identified areas in your life where you are not reflecting these qualities? Have you discovered new ways in which you can express these qualities? Remember, the Law of Radiation is about radiating from within the TRUTH of that which you are. As you do so, you will naturally draw to you that which reflects this Truth. This is what Jesus was speaking about when he said, "Seek ye first the kingdom of God..." The first step is to become aware of the divine qualities within and allow those qualities to radiate out!

As you complete this exercise, and work with it, you are well on your way to understanding the Law of Radiation!

*This exercise has been adapted from Maria Nemeth's book The Energy of Money.*

These are the people whose qualities I admire:

These are the qualities or traits that I admire about this person: